



# THE BIRTH KEEPERS AYAWAWASOWIN

CHILD REARING IN CREE

January 17 to March 27, 2024 | 13 weeks  
Every Wednesday 1 - 3PM

**Location:** Online and In-Person

In-Person will be every end of the month at  
Tawaw West: 2340 1st Ave NW Calgary, AB

Mothers, across cultures, are the channels of loving energy, the primary nurturers of all human beings. Mothers are the Lifegivers. We see pregnancy and birth as ceremony and our children as our teachers. We invite you to partake in Indigenous stories of healing and wellness through the revival of Indigenous knowledge, by honouring your pregnancy & birth as a spiritual journey, as we support the Lifegivers in reclaiming the birth process through reproductive sovereignty. We believe Creator has chosen you to carry this being and we hope to be your birthkeepers while you transition your baby into this world.

**The Birth Keepers is for new mothers within the perinatal (right before birth or right after birth) stages of pregnancy.** This program is open to the public. Transportation assistance and childcare may be booked during registration.

**Pre-registration is required.**

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