

# Financial Empowerment Circle

January 31\* - April 18, 2024 | 11-weeks  
Every Wednesday 10:30AM - 12:30PM

**Location:** 2335 30 Ave NE, Calgary

In collaboration with Momentum, this offering is to create a space of self reflection that focuses on the parallel of Indigenous traditional teachings on financial management to maintain a balance life - miyo pimatisiwin. By incorporating traditional wisdom and cultural values, we aim to provide a holistic and culturally sensitive approach to financial empowerment. Financial Empowerment Circle extends to providing support and teachings for reshaping attitudes and beliefs surrounding financial stability. In line with our commitment to holistic well-being, practical and sustainable approaches will be incorporated such as "Ten Dollar Casserole Recipe Book" and more.

\*The first session will be on Wednesday, January 31 from 1 - 3PM for a Naming Pipe Ceremony. All other sessions will be on Thursdays.

**Open to all families and youth.** Transportation assistance and childcare may be booked during registration. This program will be capped at **15 participants**.

**Registration is required. Registration is ongoing.**

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