

July 9 - Aug 27, 2025

Wednesdays 10:30AM - 12:30PM

Tawaw East: 2335 30 Ave NE Calgary, AB, T2E 7C7

Join us for a 7-week culturally and strength-based program that empower caregivers through meaningful sharing circles, songs, and reflective practices in nurturing stronger foundations while fostering deeper connections with culture and community. Caregivers will have the opportunity to focus on their wellness and learning while children will be engaged in enriching activities with our Child Development team.

Childcare may be booked during registration.

Registration required:

Linda Collins: **neconnector@miskanawah.ca** or **403-700-8440** Lynette Persaud: **nwconnector@miskanawah.ca** or **403-714-4895**



