



CIRCLE OF SUPPORT: LOSS AND GRIEF WORKSHOP IN PARTNERSHIP WITH NANÂTAWIHO KAMIK (HEALING LODGE)

Tuesday, Sept 10 & Sept 17, 2024 | 10AM – 2PM

Location: Miskanawah East- 2335 30 Ave NE, Calgary

This offering is in partnership with Miskanawah's Nanâtawihô Kamik (Healing Lodge) that offers culturally grounded, mental health and addiction recovery supports for Indigenous people residing in Calgary fostering a holistic approach to healing and wellbeing. This offering will navigate the impact of loss and grief and learn some traditional teaching on living a balanced life- miyo pimatisiwin

Light lunch will be provided. Space is limited to **10 families**. Transportation assistance and childcare (limited to 6 spaces) is available upon registration.

Registration required, please contact

Linda Collins:

neconnector@miskanawah.ca or **403-700-8440**

Lynette Persaud:

nwconnector@miskanawah.ca or **403-714-4895**