

**FREE**

# TOWARDS A BETTER FUTURE

**Starting November 7, 2023**

**Every Tuesday 4:30 – 7:00 pm | 2340 1 Ave. NW, Calgary**

Are you between the 14-22? • Have you been struggling with substance use? • Is it impacting your school, relationships or work?

**Then we welcome you into our new culturally responsive  
Youth and Substance Use program.**

## **We Provide**

- an inclusive, safe, and non-judgmental environment, regardless of where you are in your journey.;
- highly qualified & compassionate staff;
- food and transportation for those who need it.

If you need help or know someone who would benefit from our program, connect with us.

## **To register or find out more information:**

**Lynette Persaud:** [nwconnector@miskanawah.ca](mailto:nwconnector@miskanawah.ca)  
or 403-714-4895

**Join us weekly to  
gain support, connect  
to culture, and learn  
new skills.**



**miskanawah**  
empowerment • strength • family