

Open to adults only, who identify
as First Nations, Inuit, or Métis.

TURNING POINTS: ADDICTION HEALING PROGRAM

Starting Wednesday, September 23, 2026

Every Wednesday from 6:00 – 8:45PM

Location: Children's Cottage, 1804 Home Road NW

Turning Points is an 8-week addiction healing program for adults of all genders. Following Medicine Wheel teachings, we journey together through the healing of mind, heart, body and spirit, within the wider community and all relations. Turning Points features experiential, group therapy, and learning elements held within safe ethical space, and includes time with Elders and knowledge holders.

***Meet n' Greet:** Wednesday, September 16 at 6:00pm.



Pre-registration is required.

Please **click or scan the QR** to register.

Please contact: **David Reize** at david@ourhealingnature.ca.

