

## Tuesday, August 26 1:00PM - 2:30PM

Tawaw East: 2335 30 Avenue NE

Come join us to make your back to school family traditions fun and meaningful this year! Is this your first time creating these traditions or are you looking to refresh old ones? We all have family traditions even ones we might not realize. In collaboration with Kindred Connections Society we will explore what traditions are how they support us and how to create new ones that bring joy and connection to your family. Start the school year in a way that is memorable grounded and full of intention

Coffee tea and light snacks will be provided. Pre-registration required.

Linda Collins: Lynette Persaud:

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