

2026

Walking Together: *Elder Support*

TUESDAYS

Ongoing Registration

Tawaw East: 2335 30 Avenue NE

Tawaw Building Resilient Caregivers presents: *Walking Together: Elder Support for Caregivers*, a culturally grounded support that honours each caregiver's unique experiences through one-on-one connection with an Elder. Caregivers of children and youth ages 0–18 are offered a supportive space to reflect, receive guidance and encouragement, strengthen cultural and community connections, and build on their existing strengths. Support may include traditional teachings, emotional support, guidance around personal wellness family and parenting support to promotes caregiver wellbeing and family stability.

Pre-registration required:

Linda Collins: neconnector@miskanaawah.ca or 403-700-8440
Lynette Persaud: nwconnector@miskanaawah.ca or 403-714-4895

Alberta Provincial Family
Resource Networks



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