2026

tawaw family resource networks



Ohpmatsiwiwin - Giver of life

Mondays, Nov 16 - Dec 7, 2026

2:00PM - 5:00PM

Blended - Virtual & In-Person (schedule TBA)

Tawaw West: 2340 1 Ave NW

Tawaw's Ohpmatsiwiwin honours mothers as Life Givers, pregnancy and birth as ceremony, and children as our teachers. Through Indigenous stories, teachings, and cultural knowledge, the program supports healing and wellness for those preparing to give birth or who have recently welcomed a baby, honouring their spiritual journeys and reclaiming birth through reproductive sovereignty.

Pre-registration is required.

To register or learn more: tawaw@miskanawah.ca
East: 403-700-8440 West: 403-714-4895

Alberta Provincial Family Resource Networks

miskanawah
empowerment • strength • family